COVENTRY HEALTH AND LIFE INSURANCE COMPANY

2751 Centerville Road, Suite 400 Wilmington, Delaware 19808-1627

SCHEDULE OF BENEFITS

Coventry One SM

Coventry *One* is administered by Coventry Health Care of Delaware, Inc. and underwritten by Coventry Health and Life Insurance Company.

This Schedule is part of Your Policy but does not replace it. Many words are defined elsewhere in the Policy and other limitations or exclusions may be listed in other sections of your Policy. Reading this Schedule by itself could give you an inaccurate impression of the terms of Your Coverage. This Schedule must be read with the rest of Your Policy. A complete list of Covered Services, Exclusions and Limitations can be found in Your Policy.

Benefits and Services	When You Use Participating Providers	When You Use Non- Participating Providers
Contract Year Deductible		
Ø The total amount You are required to pay each contract year before the coverage begins paying. Each covered person must satisfy a contract year	Individual: \$5000	Individual: \$10,000
deductible, with a maximum of 2 times the Individual deductible for your family in total. There are separate Participating Provider and Non-Participating Provider contract year deductibles, and payments that count toward one does not count toward the other.	Family: \$10,000	Family: \$20,000
Coinsurance O Coinsurance is a percentage of Covered Services. After any required copayments and contract year deductibles are paid, the coverage pays a share and you pay a share, up to your Annual Out-of-Pocket Maximum.	The coverage pays 100% and You pay 0%	The coverage pays 80% and You pay 20% coinsurance of the Out-of-Network rate

Benefits and Services	When You Use Participating Providers	When You Use Non- Participating Providers
Annual Out-of-Pocket Maximum The amount you pay annually in cordeductibles and Coinsurance before pays 100% for most Covered Service benefit maximums. Each covered per out-of-pocket expense limit, with a reyour family in total.	the coverage es, up to the erson has an	Deductible + \$2000 Coinsurance
Ø Primary Care and Specialist Copayr do not apply to the Annual Out-of-P Maximum.		
Ø Annual Deductible and Coinsurance shall be applied to the Annual Out-o Maximum.	,	
You are responsible for Charges tha Out-of-Network Rate for Non-Partic Providers. This could result in Your pay a significant portion of Your cla above the Out-of-Network Rate do N to Your Out-of-Pocket Maximum	cipating having to iim. Balances	
Maximum Lifetime Benefit	\$2 million / Covered Individual	\$2 million/Covered Individual
 Physician Services Ø Office visits, consultants, Ø Immunizations and injections, Ø Diagnostic laboratory tests, radiolog x-rays, Ø Surgery, Ø Allergy tests and treatment 	Primary Care Services You pay \$20 Copayment per visit, then the coverage pays 100%	You pay contract year Deductible and 20% Coinsurance of the Out- of-Network rate
Ø Allergy tests and treatment.	Specialty Care Services You pay \$35 Copayment per visit, then the coverage pays 100%	
Medical Services At A Physician's Off	Primary Care Services You pay \$20 Copayment	You pay contract year Deductible and 20% Coinsurance of the Out-
Ø Routine health assessment, well-chil childhood immunizations and injection	d care*, per visit, then the	of-Network rate
 Vision examination to determine nee refraction, 		
Ø Hearing test,Ø Annual gynecological examination a	Specialty Care Services and pap You pay \$35	
smear, Ø Mammogram screenings*, Ø Prostate cancer screening for Covere	Copayment per visit, then the	

Benefits and Services	When You Use Participating Providers	When You Use Non- Participating Providers
Individuals over the age of fifty (50). *Well-child care and mammography are not subject to a deductible.	100%	
 Emergency Room Services Ø Coverage worldwide for Emergency Services as defined in the Policy. 	You pay \$150 Copayment	You pay \$150 Copayment
	(Copayment waived if admitted)	(Copayment waived if admitted)
Ambulance Services	You pay contract year Deductible	You pay contract year deductible and 20% coinsurance of the Out- of-Network rate
Urgent Care ServicesØ At an Urgent Care Facility	Your copayment \$35	Your copayment \$35
 Outpatient Facility Services Ø Services rendered at an Outpatient Hospital Unit, freestanding surgical center or other outpatient facility. Inpatient Hospital Services Unlimited coverage provided for Ø Semi-private room, Ø Physician and surgeon services, Ø Operating rooms and related facilities, Ø Intensive and Coronary Care Units, Ø Laboratory, x-rays, diagnostic laboratory and radiology services/ procedures, 	You pay contract year Deductible You pay contract year Deductible	You pay contract year Deductible and 20% Coinsurance of the Out- of-Network rate You pay contract year Deductible and 20% Coinsurance of the Out- of-Network rate
 Ø Medications and biologicals, Ø Anesthesia, Ø Special duty nursing as prescribed, Ø Short-term rehabilitation services, Ø Radiation therapy. 		
 Skilled Nursing Facility In lieu of inpatient Hospital stay when recommended by a Physician and approved by Us. Coverage provided on a Semi-private basis limited to 30 days per contract year. 	You pay contract year Deductible	You pay contract year Deductible and 20% Coinsurance of the Out- of-Network rate
Home Health Care Ø In lieu of inpatient Hospitalization (Coinsurance, deductible and copayment will be waived for home visit(s) following a mastectomy or removal of a testicle.) Limit of 40 visits per contract year. This limit does not apply to home visits following mastectomy or removal of a testicle.	You pay contract year Deductible	You pay contract year Deductible and 20% Coinsurance of the Out- of-Network rate

following mastectomy or removal of a testicle.

Benefits and Services	When You Use Participating Providers	When You Use Non- Participating Providers
Hospice CareØ There is a 30 day limit per calendar year for inpatient Hospice Care.	You pay contract year Deductible	You pay contract year Deductible and 20% Coinsurance of the Out- of-Network rate
Prosthetic Devices and Durable Medical Equipment Maximum \$2,000 per contract year per .Member. This \$2,000 limit does not apply to: breast prosthesis, hair prosthesis, or hearing aids for minor children	You pay contract year Deductible	You pay contract year Deductible and 20% Coinsurance of the Out- of-Network rate
Physical, Occupational and Speech Therapy Ø Up to 24 visits of Coverage per contract year, per physical, occupational or speech therapy (this limit does not apply to habilitative services for children with a congenital or genetic birth defect, such as autism or cerebral palsy, which are needed to enhance the child's ability to function)	You pay contract year Deductible	You pay contract year Deductible and 20% Coinsurance of the Out- of-Network rate
Outpatient Laboratory Services and Diagnostic Services	You pay contract year Deductible	You pay contract year Deductible and 20% Coinsurance of the Out- of-Network rate

Be	enefits and Services	When You Use Participating Providers	When You Use Non- Participating Providers
M Ø	ental Health/Alcohol or Drug Abuse Services Inpatient and Residential Crisis Services	You pay contract year Deductible	You pay contract year Deductible and 20% Coinsurance of the out- of-Network rate
Ø	Partial Hospitalization (Maximum 60 days per contract year)	You pay contract year Deductible	You pay contract year Deductible and 20% Coinsurance of the Out- of-Network rate
Ø	Outpatient Services	You pay contract year Deductible	You pay contract year Deductible and the following Coinsurance amount
			Visits 1-5 20% Per contract year Visits 6-30 35% Per contract year Visits 31+ 50% Per contract year
Ø	Medication Management Visit	Primary Care Services You pay a \$20 Copayment per visit, then the coverage pays 100%	You pay contract year Deductible and 20% Coinsurance of the Out- of-Network rate
		Specialty Care Services	
		You pay a \$35 Copayment per visit, then the coverage pays 100%	
Ø	Outpatient RX Drug (including Prescription	\$0 Deductible	\$0 Deductible
	Drugs for Infertility Services)	\$10 Copayment per Generic	\$10 Copayment per Generic
		\$1500 maximum benefit per contract year	\$1500 maximum benefit per contract year

Be	enefits and Services	When You Use Participating Providers	When You Use Non- Participating Providers
Ø	Transplant Services	You pay contract year	You pay contract year
		Deductible and	Deductible and 20%
		Coinsurance	Coinsurance of the Out-
			of-Network rate
Ø	Infertility Services, (after confirmed diagnosis)	You pay contract year	You pay contract year
Ø	Infertility Services are subject to a \$100,000	Deductible and	Deductible and 20%
	lifetime maximum benefit limit.	Coinsurance	Coinsurance of the Out-
			of-Network rate

Pre-Authorizations

The Participating Provider is responsible for obtaining prior authorization from Coventry Health Care of Delaware, Inc. Members are responsible for obtaining reviews if they use Non--Participating Providers. If the Member does not get the required approval, related benefits are denied. See the Policy form and any subsequent amendments for a list of services requiring Pre-Authorization.

Primary and Specialty Care Services

A listing of Primary and Specialty Care Participating Providers is located in the Coventry Health Care of Delaware, Inc. *Provider List* or on its Web site at www.chcde.com.

Your Plan pays Non-Participating Providers an Out-of-Network rate. In addition to your copay or coinsurance, you are responsible for paying Non-Participating Providers the difference between our Out-of-Network rate and their actual charge for non-emergency services.